

**Minutes
School Wellness Committee
March 15, 2017**

School	Member	Present/Absent
LCS	Carol Ambrosh	Present
LHS	Michelle Meyer	Present
LMS	Patricia Pollin	Present
GHS	Holly Ryan	Present
GFS	Paula Bousquet	Absent
GFS/JWL	Anne Hogsten	Present
CO	Jason Lathrop	Present
CO	Dr. Jennifer Byars	Absent
FSMC	Nizam Saad	Present
BOE/PARENT	Stephanie Calhoun	Present
STUDENT	Peter Geoly	Present
STUDENT	Joe Loduca	Absent
STUDENT	Katiria Nadal	Absent

Meeting called to order at 3:52 p.m.

Review of Wellness Committee requirements

Jason Lathrop presented the Wellness Committee requirements

Policy driven in combination with Connecticut General Statute and Federal Regulation

LPS Policy 6142.101

CGS 10-215f

Legal Reference 42 U.S.C 1758 b (One of Many)

Two Meetings Per Year

Committee Implements Policy

LPS Business Manager appointed to monitor programs and compliance

Annually - Wellness Committee lists healthy accomplishments (2016-17 Google sheet by building)

In addition, Wellness Committee reviews menus annually to meet nutrition requirements. Provide access to wellness policy, goals, and committee membership, and how community can get involved.

Triennially – Written report on progress toward policy goals. Due 6/30/2020

Minutes
School Wellness Committee
March 15, 2017

April Menu Feedback

Ledyard Center School

Positive –

Negative – Maple Syrup is difficult in the classroom (French Toast Sticks), fresh fruit being substituted at breakfast, All do not finish food

Gallup Hill

Positive- Students like egg wrap and yogurt parfait with topping

Negative – Garbanzo means not being eaten/too frequent, fresh fruit being substituted at breakfast

GFS/JWL

Positive – Unlimited Vegetables

Negative - Portion size small

LMS

Positive- Repackaged parfaits, more breakfast sandwiches

Negative-Catfish, Are unused/community items safe, Hamburgers not fresh on last wave.

LHS

Positive – Guest Chefs, Taco Bar, Pizza

Negative – More Signage, carrying trays, big lines (factor of 2 lunch waves)

Parents

LHS lunch time is early

Online menu preorder is both convenient and not convenient, positive change over two years, wants on demand breakfast at elementary schools

Wellness Policy/Healthy Foods Certification

Cupcake rule – Items served during festivities must generally be healthy. Cupcakes are OK.

Fall parent setup must be encouraged on pre-order system.

Non-sold foods shall be primarily nutritious (kids shouldn't bring a can of Coca-Cola from home at elementary level)

Sanity conditions must be maintained by FSMC at all locations. This is reported during health inspections.