February 26, 2020

Dear Parents:

In partnership with the Ledyard Regional Visiting Nurse Association (VNA), who provide our school nursing services, Ledyard Public Schools is continuously monitoring attendance and prevalence of illnesses in our schools. This time of year we pay particular attention to flu-like symptoms and take preventive measures with enhanced cleaning protocols. It is critical to reinforce with your children the importance of handwashing. Washing our hands is still the biggest everyday method to fight the spread of illness in our homes, schools and community.

While there have been some cases of flu-like illness, parents have assisted us in minimizing the impact on schools by following appropriate protocols and keeping their student home when ill.

Remember that a student should be fever free, unaided (no fever reducing medication) for 24 hours before returning to school.

Ledyard Public Schools continues to monitor reports and take recommendations from Ledge Light Health District (LLHD), Centers for Disease Control (CDC), Connecticut Department of Public Health and the State Department of Education regarding precautions or response to an outbreak of the Coronavirus Disease (COVID-19). At this time we have no information about COVID-19 in Ledyard Schools.

Please be assured that in the event of an issue or required response by Ledyard Schools, we will communicate quickly and often so that you remain informed.

Summary of Applicable Current Recommended Strategies from CDC:

- Encourage sick students and staff to stay home.
- Send sick students or staff home immediately.
- Wash hands often.
- Emphasize coughing and sneezing etiquette.
- Clean routinely and thoroughly (Ledyard has implemented our enhanced cleaning protocols).

It is important that you have accurate information. To this end, Ledge Light Health maintains an updated website, http://www.llhd.org. You are also welcome to contact LLHD directly with specific questions at 860-448-4882, or our Director of Nursing, Ledyard RVNA, Karen Goetchius at 860-484-8464.

Sincerely,

Jay Hartling
Superintendent of Schools