



Ledyard Schools Elementary Lunch Menu

Aug & Sep

Monday	Tuesday	Wednesday	Thursday	Friday
		30 Baja Bean taco with shredded romaine lettuce cheddar cheese	31 Classic American cheese burger Roasted Carrot fries	1 Classic Pepperoni Pizza
Ham & Cheese Wrap OR Sunbutter Sandwich OR Strawberry Chicken Salad				
4 No School Labor Day	5 Classic Italian meat sauce Whole Grain Pasta	6 Crispy Chicken tenders Whole grain waffle	7 Classic American cheese burger Roasted Carrot fries	8 Classic Cheese Pizza
Ham & Cheese Wrap OR Sunbutter Sandwich OR Strawberry Chicken Salad				
11 Philly Cheese Steak Roasted Carrot fries	12 Chicken Alfredo with whole grain pasta Breadstick	13 Cheese Stuffed breadsticks Marinara Sauce	14 Classic American cheese burger Roasted Carrot fries	15 Classic Pepperoni Pizza
Classic Tuna Salad OR Turkey & Cheese Wrap OR Triple Decker Sunbutter Sandwich				
18 Mini Turkey Corn Dogs	19 Chicken Fried Rice	20 Chicken & Cheese Quesadilla	21 Classic American cheese burger Roasted Carrot fries	22 Classic Cheese Pizza
Ham & Turkey Chef Salad OR Triple Decker Sunbutter OR BBQ Chicken Sandwich				
25 Whole grain chicken nuggets breadstick	26 Cheesy baked pasta breadstick	27 Orange chicken stir fry Lucky fried rice crunchy asian topping	28 Classic American Cheese Burger Roasted Carrot fries	29 Classic Pepperoni Pizza
Bagel Fun Lunch OR Chicken Ranch wrap OR Triple Decker Sunbutter Sandwich				
Choose with any Meal: Side of Vegetable Fresh Fruit	Choose with any Meal: Side of Vegetable Fresh Fruit	Choose with any Meal: Side of Vegetable Fresh Fruit	Choose with any Meal: Side of Vegetable Fresh Fruit	Choose with any Meal: Side of Vegetable Fresh Fruit
<p>Food Focus : The Food focus is Red and Orange Vegetables. These Vegetables get their color from beta carotene, an antioxidant that the body converts to Vitamin A. Vitamin A helps our vision, protects us from infections and helps keep skin Healthy. Find all the orange and red vegetables on the menu this month.</p>				
A Full Student Lunch includes are offered with featured fruit and sides and a choice of milk				
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