Ledyard Public Schools

Elementary School - **Meal Pre-Order Sheet**

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Easy-to-Access School Menus at http://ledyard.nutrislice.com

Breakfast Menu

Questions? Please call Nizam Saad, Director at (860) 464-2849 x6152 or send an email to nizam.saad@compass-usa.com

Student Name: _____ Teacher's Name: _____ Grade: _____

Instructions : **To Order a Breakfast, please select ONE entrée and One milk per day.**

Day	Date	Entrée #1	X	Entrée #2	X	Entrée #3	X		X	Milk w/ Meal			Milk Only		
										Chc	Wht	Stra	Chc	Wht	Stra
8/30	Wednesday	Berry Parfait		Cereal,Yogurt,Fruit OR Juice											
8/31	Thursday	Egg & Cheese Sandwich		Cereal,Yogurt,Fruit OR Juice											
9/1	Friday	Fresh baked Chocolate chip Muffin		Cereal,Yogurt,Fruit OR Juice											
9/4	Monday	**No School . Labor Day**													
9/5	Tuesday	Sausage & cheese sandwich		Cereal,Yogurt,Fruit OR Juice											
9/6	Wednesday	Fresh baked Cinnamon Roll		Cereal,Yogurt,Fruit OR Juice											
9/7	Thursday	Egg & Cheese Sandwich		Cereal,Yogurt,Fruit OR Juice											
9/8	Friday	Fresh baked blueberry Muffin		Cereal,Yogurt,Fruit OR Juice											
9/11	Monday	Banana Breakfast Wrap		Cereal,Yogurt,Fruit OR Juice											
9/12	Tuesday	French Toast Sticks		Cereal,Yogurt,Fruit OR Juice											
9/13	Wednesday	Turkeyham, egg & cheese sandwich		Cereal,Yogurt,Fruit OR Juice											
9/14	Thursday	Fresh baked Cinnamon Roll		Cereal,Yogurt,Fruit OR Juice											
9/15	Friday	Fresh baked Chocolate chip Muffin		Cereal,Yogurt,Fruit OR Juice											
9/18	Monday	Turkey, egg & cheese sandwich		Cereal,Yogurt,Fruit OR Juice											
9/19	Tuesday	Waffles with Berry Topping		Cereal,Yogurt,Fruit OR Juice											
9/20	Wednesday	Egg & cheese sandwich		Cereal,Yogurt,Fruit OR Juice											
9/21	Thursday	Pancakes with Strawberry Topping		Cereal,Yogurt,Fruit OR Juice											
9/22	Friday	Fresh baked blueberry Muffin		Cereal,Yogurt,Fruit OR Juice											
9/25	Monday	Crunchy banana parfait		Cereal,Yogurt,Fruit OR Juice											
9/26	Tuesday	Egg & cheese breakfast sandwich		Cereal,Yogurt,Fruit OR Juice											
9/27	Wednesday	Pancakes with Strawberry Topping		Cereal,Yogurt,Fruit OR Juice											
9/28	Thursday	Honey Bagel with Sunbutter		Cereal,Yogurt,Fruit OR Juice											
9/29	Friday	Fresh baked Chocolate chip Muffin		Cereal,Yogurt,Fruit OR Juice											

TOTALS #

Total Full Paid:		**X**	$2.10	=	$	*Includes Milk*
Total Reduced :		**X**	$0.30	=	$	*Includes Milk*
Total Milks :		**X**	$0.50	=	$	*Just Milk, no lunch*
				Total Enclosed:	$	

I paid by….

	√
Online Prepayment	
Cash (enclosed)	
Check (enclosed)	
Check # _____	

Make online payments at myschoolbucks.com

On-line Prepayments may be made to your student's account www.myschoolbucks.com
Please make checks payable to LPS Lunch Program (includes money orders)

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Lunch Menu

Questions? Please call Nizam Saad, Director at (860) 464-2849 x6152 or send an email to nizam.saad@compass-usa.com

Student Name: _____ Teacher's Name: _____ Grade: _____

Instructions : **To Order a Lunch, please select ONE entrée and One milk per day. Or select only a Milk**

Day	Date	Entrée #1	X	Entrée #2	X	Entrée #3	X	Entrée #4	X	Milk w/ Meal			Milk Only		
										Chc	Wht	Stra	Chc	Wht	Stra
8/30	Wednesday	Baja bean taco with lettuce and cheese		Ham & Cheese Wrap		Strawberry ChickenSalad		Sunbutter & Jelly							
8/31	Thursday	Classic American Burger, carrots fries		Ham & Cheese Wrap		Strawberry ChickenSalad		Sunbutter & Jelly							
9/1	Friday	Classic Pepperoni Pizza		Ham & Cheese Wrap		Strawberry ChickenSalad		Sunbutter & Jelly							
9/4	Monday	**No School - Labor Day**													
9/5	Tuesday	Classic Italian meat sauce with pasta		Ham & Cheese Wrap		Strawberry ChickenSalad		Sunbutter & Jelly							
9/6	Wednesday	Crispy chicken tenders with waffle		Ham & Cheese Wrap		Strawberry ChickenSalad		Sunbutter & Jelly							
9/7	Thursday	Classic American Burger, carrots fries		Ham & Cheese Wrap		Strawberry ChickenSalad		Sunbutter & Jelly							
9/8	Friday	Classic cheese pizza		Ham & Cheese Wrap		Strawberry ChickenSalad		Sunbutter & Jelly							
9/11	Monday	Philly cheese steak ,roasted carrot fries		Tuna Salad		Turkey & cheese wrap		Sunbutter & Jelly							
9/12	Tuesday	Chicken alfredo with pasta,breadstick		Tuna Salad		Turkey & cheese wrap		Sunbutter & Jelly							
9/13	Wednesday	Cheese stuffed breadstick with marinara		Tuna Salad		Turkey & cheese wrap		Sunbutter & Jelly							
9/14	Thursday	Classic American Burger, carrots fries		Tuna Salad		Turkey & cheese wrap		Sunbutter & Jelly							
9/15	Friday	Classic Pepperoni Pizza		Tuna Salad		Turkey & cheese wrap		Sunbutter & Jelly							
9/18	Monday	Mini turkey dogs		Ham &Turkey Chef salad		BBQ Chicken Sandwich		Sunbutter & Jelly							
9/19	Tuesday	Chicken fried Rice		Ham &Turkey Chef salad		BBQ Chicken Sandwich		Sunbutter & Jelly							
9/20	Wednesday	Chicken & cheese quesdila		Ham &Turkey Chef salad		BBQ Chicken Sandwich		Sunbutter & Jelly							
9/21	Thursday	Classic American Burger, carrots fries		Ham &Turkey Chef salad		BBQ Chicken Sandwich		Sunbutter & Jelly							
9/22	Friday	Classic cheese pizza		Ham &Turkey Chef salad		BBQ Chicken Sandwich		Sunbutter & Jelly							
9/25	Monday	Whole Grain chicken nuggets		Bagel Fun Lunch		Chicken Ranch Wrap		Sunbutter & Jelly							
9/26	Tuesday	Cheesy Baked pasta		Bagel Fun Lunch		Chicken Ranch Wrap		Sunbutter & Jelly							
9/27	Wednesday	Orange chicken stir fry, lucky fried rice		Bagel Fun Lunch		Chicken Ranch Wrap		Sunbutter & Jelly							
9/28	Thursday	Classic American Burger, carrots fries		Bagel Fun Lunch		Chicken Ranch Wrap		Sunbutter & Jelly							
9/29	Friday	Pepperoni Pizza		Bagel Fun Lunch		Chicken Ranch Wrap		Sunbutter & Jelly							
		TOTALS #													√

Total Full Paid:		X	$2.75	=	$	*Includes Milk*	
Total Reduced :		X	$0.40	=	$	*Includes Milk*	
Total Milks :		X	$0.50	=	$	*Just Milk, no lunch*	
				Total Enclosed:	$		

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	√
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Cash (enclosed)	
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Check # _____	

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