



Ledyard Schools Elementary Breakfast Menu. April

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| 2 Egg & Cheese Sandwich Fresh Local Seasonal Fruit Fruit Juice | 3 Waffles Blueberry topping Maple Syrup Fresh Local Seasonal Fruit | 4 French toast Maple Syrup Fresh Local Seasonal Fruit Fruit Juice | 5 Fresh bake Cinnamon Roll Fresh Local Seasonal Fruit Fruit Juice | 6 Fresh bake Chocolate Chip Muffin Fresh Local Seasonal Fruit Fruit Juice |
| Weekly Alternate: Cheese stick, Juice | | | | |
| 9 Turkey ham, egg & cheese sandwich Fresh Local Seasonal Fruit Fruit Juice | 10 Fresh bake Cinnamon Roll Fresh Local Seasonal Fruit Fruit Juice | 11 Egg & Cheese Sandwich Fresh Local Seasonal Fruit Fruit Juice | 12 Blueberry Parfait Fresh Local Seasonal Fruit Fruit Juice | 13 Fresh bake Chocolate Chip Muffin Fresh Local Seasonal Fruit Fruit Juice |
| Weekly Alternate: Cereal, cheese stick , Juice | | | | |
| 16 NO SCHOOL APRIL RECESS | 17 NO SCHOOL APRIL RECESS | 18 NO SCHOOL APRIL RECESS | 19 NO SCHOOL APRIL RECESS | 20 NO SCHOOL APRIL RECESS |
| APRIL RECESS | | | | |
| 23 Pancakes with blueberry topping Fresh Local Seasonal Fruit Fruit Juice | 24 French toast with maple syrup Fresh Local Seasonal Fruit Fruit Juice | 25 Fresh bake Cinnamon Roll Fresh Local Seasonal Fruit Fruit Juice | 26 Blueberry Parfait Fresh Local Seasonal Fruit Fruit Juice | 27 Fresh bake Chocolate Chip Muffin Fresh Local Seasonal Fruit Fruit Juice |
| Weekly Alternate: Cereal, Cheese stick, Juice | | | | |
| 30 Waffles Blueberry topping Fresh Local Seasonal Fruit | 1 Blueberry Parfait Fresh Local Seasonal Fruit | 2 Fresh bake Cinnamon Roll Fresh Local Seasonal Fruit | 3 Egg & Cheese Sandwich Fresh Local Seasonal Fruit | 4 Fresh bake Chocolate Chip Muffin Fresh Local Seasonal Fruit |
| <p>April Food Focus: Garden Vegetables, All Vegetables can be grown in the garden, but some are easier to grow than others. Garden Vegetables that are fun to grow(and eat) include string beans, leafy greens, tomatoes, squash, cucumbers and potatoes. Vegetable Garden can be planted anywhere, but they need three main things to grow. Lots of Sunlight, water and Good Soil.</p> | | | | |
| A Full Student breakfast includes are offered with featured fruit and juice sides and a choice of milk | | | | |
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