



## AUGUST & SEPTEMBER 2018 ELEMENTARY BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			30	31
			Blueberry Parfait	Fresh baked Chocolate Chip Muffin
			Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit
			Assorted Fruit Juice	Assorted Fruit Juice
Weekly Alternate: Cereal, Yogurt, Fruit and Juice				
3	4	5	6	7
<b>NO SCHOOL LABOR DAY</b>	Waffles	Egg & Cheese Sandwich	Fresh baked Cinnamon roll	Fresh baked Chocolate Chip Muffin
	Blueberry topping			
	Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit
	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Weekly Alternate: Cereal, Yogurt, Fruit and Juice				
10	11	12	13	14
Sunbutter & Banana Wrap	Fresh baked Cinnamon roll	Egg & Cheese Sandwich	Blueberry Parfait	Fresh baked Chocolate Chip Muffin
Assorted Fresh Local Seasonal Fruit	Assorted fresh local seasonal fruit	Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit
Assorted Fruit Juice	Assorted fruit juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Weekly Alternate: Cereal, Yogurt, Fruit and Juice				
17	18	19	20	21
Egg & Cheese breakfast burrito	Blueberry Parfait	Fresh baked Cinnamon roll	Egg & Cheese Sandwich	Fresh baked Chocolate Chip Muffin
Assorted Fresh Local Seasonal Fruit	Assorted fresh local fruit	Assorted fresh local seasonal fruit	Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit
Assorted Fruit Juice	Assorted fruit juice	Assorted fruit juice	Assorted Fruit Juice	Assorted Fruit Juice
Weekly Alternate: Cereal, Yogurt, Fruit and Juice				
24	25	26	27	27
French toast	Mini Maple Pancakes	Turkey ham, egg & cheese sandwich	Blueberry Parfait	Chocolate Chip Muffin Yogurt
Assorted fresh local seasonal fruit	Assorted fresh local seasonal fruit	Assorted fresh local seasonal fruit	Assorted fresh local fruit	Assorted fresh local fruit
Assorted fruit juice	Assorted fruit juice	Assorted fruit juice	Assorted fruit juice	Assorted fruit juice
Weekly Alternate: Cereal, Yogurt, Fruit and Juice				
<p><b>Food Focus :</b> Our Month focus is <b>TOMATOES</b>. Tomatoes support bone health, promotes healthy skin and boost immunity. The Vitamin A in tomatoes aids in improving vision. The average American eats roughly 24 pounds of tomatoes each year.</p> <p>In 1893, the UNTIED STATES Supreme Court designated tomatoes a vegetable. Tomatoes are the state vegetable of New Jersey.</p>				
<p>A Full Student breakfast includes a choice of entrée supplying protein and grain, vegetable, fruit and a choice of milk</p>				
<p>USDA is an equal opportunity employer and provider</p>				
<p><b>Have you completed a free/reduced meal application? It takes just a few minutes !</b></p>				