



Ledyard Schools Elementary Lunch Menu: June

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Chicken Patty Tater tots Dipping sauce	Taco Fun Lunch	Ham & turkey Chef salad	Chicken nuggets Mashed potatoes Chicken gravy	Cheese Pizza
<i>Alternate Entrees: BBQ Cheese wrap OR Classic cheese burger OR Garden Salad with cheese</i>				
11	12	13	14	15
Chicken tenders Tater tots	Chicken fried rice	Italian meat sauce with Rotini pasta	Cantonese BBQ pork Brown Rice & Corn	Cheese Pizza
<i>Alternate Entrees: Mediterranean, pasta & tuna salad OR Classic cheese burger OR Sunbutter Sandwich</i>				
18	19	20	21	22
Chicken nuggets Mashed potatoes & gravy	Chicken & cheese quesadilla salsa & lettuce	Fajita chicken Mexican rice	Cheesy baked pasta	Cheese Pizza
<i>Alternate Entrees: Chicken ranch wrap OR Classic cheese burger OR Sunbutter Sandwich</i>				
25	26	27	<div style="text-align: center; color: red; font-weight: bold;">HAVE</div> <div style="text-align: center; color: blue; font-weight: bold;">A GREAT</div> <div style="text-align: center; color: purple; font-weight: bold;">SUMMER</div>	<div style="text-align: center; background-color: #ffcc00; padding: 5px;"> <div style="color: green; font-weight: bold; font-size: 1.2em;">Free Summer Meals!</div> <div style="font-size: 0.8em;">Kids and teens 18 and under!</div> </div>
<i>Alternate Entrees: Ham & cheese wrap OR Classic cheese burger OR Chicken Caesar pasta salad</i>				
Choose with any Meal:	Choose with any Meal:	Choose with any Meal:	Choose with any Meal:	Choose with any Meal:
Two Sides of Vegetable	Two Sides of Vegetable	Two Sides of Vegetable	Two Sides of Vegetable	Two Sides of Vegetable
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<p>June Food Focus : Summer Vegetables , Tomatoes, Green Beans, peppers, summer squash, corn, stem leaf. Not all vegetables grow at the same pace. For example leafy greens like lettuce and spinach can be ready to harvest and eat in under a month, but beans, tomatoes and peppers could take up to 2 months! If you have a little space, poor soil or are surrounded by cement and blacktop, you can still have a successful garden- in containers. Even the smallest outdoor nook can feature a thriving crop of vegetables, herb and flowers in containers.</p>				
A Full Student breakfast includes are offered with featured fruit and juice sides and a choice of milk				
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