



# Ledyard Schools Elementary Lunch Menu

## MAY

Monday	Tuesday	Wednesday	Thursday	Friday
7	8	9	10	11
Chicken patty Tater tots dipping sauce	Taco fun lunch	Macaroni & cheese	Chicken nuggets Mashed potatoes Chicken gravy	Cheese Pizza
<b>Alternate Entrees: BBQ Cheese wrap OR Classic cheese burger OR Sunbutter Sandwich</b>				
14	15	16	17	18
Chicken tenders Tater tots	Chicken fried rice	Italian meat sauce with Rotini pasta	Crispy Fish Sticks Crinkle fries & dipping sauce	Cheese Pizza
<b>Alternate Entrees: Garden salad OR Classic cheese burger OR Sunbutter Sandwich</b>				
21	22	23	24	25
Chicken nuggets Tater tots & dipping sauce	Chicken & cheese quesadilla salsa & lettuce	Fajita chicken Mexican rice	Cheesy baked pasta	Cheese Pizza
<b>Alternate Entrees: Chicken ranch wrap OR Classic cheese burger OR Sunbutter Sandwich</b>				
28	29	30	31	1
<b>NO SCHOOL MEMORIAL DAY</b>	Chicken & waffles Maple syrup	Orange chicken Stir-fry	Taco fun lunch	Cheese Pizza
<b>Alternate Entrees: Ham &amp; cheese wrap OR Classic cheese burger OR Sunbutter sandwich</b>				
<b>Choose with any Meal:</b> Two Sides of Vegetable  Fresh Fruit	<b>Choose with any Meal:</b> Two Sides of Vegetable  Fresh Fruit	<b>Choose with any Meal:</b> Two Sides of Vegetable  Fresh Fruit	<b>Choose with any Meal:</b> Two Sides of Vegetable  Fresh Fruit	<b>Choose with any Meal:</b> Two Sides of Vegetable  Fresh Fruit
<p>May Food Focus : Berries. Berries are packed with important vitamins and nutrients, such as vitamin C- antioxidants and fiber. These are helpful in keeping your body healthy. Some of those nutrients have been shown to help build your immune system so you can fight off illnesses, control blood sugar for people with diabetes and protect against many forms of cancer. Berries include the ever-popular strawberries, blueberries and raspberries, but some others you may know are blackberries, cranberries and boysenberries.</p>				
<p>A Full Student breakfast includes are offered with featured fruit and juice sides and a choice of milk</p>				
<p>usda is an equal opportunity employer and provider</p>				